

BRE PROPERTIES REPORTS FOURTH QUARTER AND YEAR 2007 RESULTS

Common and Preferred Dividends Declared; Common Dividend Increased 4.7%

February 5, 2008 (San Francisco) – BRE Properties Inc. (NYSE:BRE) today reported operating results for the quarter and year ended December 31, 2007. All per share results are reported on a fully diluted basis.

Fourth Quarter 2007

Funds from operations (FFO), the generally accepted measure of operating performance for real estate investment trusts, totaled \$36.1 million, or \$0.69 per share, during fourth quarter 2007, as compared with \$32.6 million, or \$0.62 per share, for the quarter ended December 31, 2006. Year-over-year FFO per share growth for the quarter was 11.3%.

Net income available to common shareholders for the fourth quarter totaled \$30.7 million, or \$0.59 per share, as compared with \$12.8 million, or \$0.25 per share, for the same period 2006. Earnings in the fourth quarter 2007 included gains on sales of assets, which totaled \$16.7 million, or \$0.32 per share.

Total revenues from continuing operations for the quarter were \$88.9 million, as compared with \$81.7 million a year ago, representing growth of 8.8%. Adjusted EBITDA for the quarter totaled \$60.4 million, as compared with \$56.3 million in fourth quarter 2006.

12-Month Period Ended December 31, 2007

For the full year 2007, FFO totaled \$136.3 million, or \$2.59 per share, as compared with \$141.7 million, or \$2.67 per share, for the 12-month period in 2006. FFO for the year 2007 included nonroutine income of \$1.9 million, or \$0.04 per share, in proceeds from a legal settlement; and a nonrecurring charge of \$2.8 million, or \$0.05 per share, in connection with the redemption of preferred stock. FFO for year 2006 included nonroutine income of \$23.0 million, or \$0.43 per share; and nonrecurring charges totaling \$1.1 million, or \$0.02 per share. Excluding all nonroutine income and expense items, core FFO per share growth was 15.5% year-over-year.

Net income available to common shareholders for the 12-month period totaled \$109.2 million, or \$2.11 per share, as compared with \$102.3 million, or \$1.96 per share, for the full year 2006. The year 2007 results included gains from property sales totaling \$55.9 million, or \$1.08 per share. In addition to the nonroutine items noted above, year 2006 earnings included gains on the sale of assets, which totaled \$38.3 million, or \$0.73 per share.

For the full year 2007, total revenues from continuing operations were \$345.2 million, as compared with \$318.6 million for 2006, representing growth of 8.3%. Adjusted EBITDA for the 12-month period totaled \$235.2 million, as compared with \$218.5 million for the year 2006.

BRE's positive year-over-year earnings and FFO results were driven primarily by same-store property-level operating results, and income from newly developed properties and acquisitions. Same-store NOI growth was 3.3% and 6.5% for the quarter and 12-month periods, respectively, as compared with the same periods in 2006. For the fourth quarter and full-year period, same-store NOI increased \$1.8 million and \$13.1 million, respectively, relative to the same periods in the prior year. Communities newly developed and acquired generated \$2.0 million and \$6.8 million in additional NOI during the quarter and the full-year period, respectively, as compared with the same periods in 2006.

Same-Store Property Results

BRE defines same-store properties as stabilized apartment communities owned by the company for at least five full quarters. Of the 21,808 apartment units owned directly by BRE, same-store units totaled 19,481 for the quarter.

On a year-over-year basis, same-store NOI growth was driven by revenue growth of 4.6% for the quarter and 5.0% for the year. Average same-store market rent for the fourth quarter 2007 increased 4.4% to \$1,446 per unit, from \$1,384 per unit in fourth quarter 2006. Same-store physical occupancy levels averaged 94.0% during the fourth quarter 2007, as compared with 93.0% for the same period in 2006. Rent concessions in the same-store portfolio totaled \$497,000, or 3.4 days rent, for fourth quarter 2007, as compared with \$260,000, or 1.9 days rent, for the same period in 2006.

Property-level year-over-year operating expense growth was 8.0% for the quarter and 1.5% for the year. The level of expense growth for the quarter was related to timing differences regarding resident turnover and maintenance expenses, and one-time expenses related to the Southern California wildfires that occurred in October.

Operating fundamentals remain resilient and positive in the San Francisco Bay area, Seattle, Los Angeles and San Diego, where physical occupancies range 94% to 96% and economic conditions support market rent growth. These operating markets represent approximately 65% of the company's same store NOI.

During the fourth quarter, job losses in Orange County impacted demand fundamentals, reducing prospective resident traffic levels below typical seasonal patterns. Physical occupancy levels in this market remain 94% to 95%, with market rent growth at or about 3%, consistent with management's expectations. The company's operating markets in Sacramento, San Bernardino County (Inland Empire) and Phoenix continue to be impacted by an oversupply of single-family homes that are competing with apartment communities. Physical occupancy levels in these markets range 91% to 93%; current market conditions do not support market rent growth.

Community Development and Construction

At the end of the fourth quarter 2007, BRE had three development communities in lease up: two in Southern California (Renaissance at Uptown Orange, in Orange, and The Stuart at Sierra Madre Villa, in Pasadena) and one in Northern California (Avenue 64, in Emeryville). When completed, Renaissance at Uptown Orange will have 460 units, of which 332 were delivered, and 236 were leased and occupied. The Stuart will have 188 units, of which 118 were delivered, and 84 were leased and occupied. Avenue 64 will have 224 units, of which 158 were delivered, and 127 were leased and occupied.

BRE currently has seven communities under construction, with a total of 1,969 units, an aggregate projected investment of \$611.8 million and an estimated balance to complete totaling \$184.6 million.

Dispositions

In the fourth quarter, BRE sold two apartment communities and recorded net gains on sale as follows: Shaliko Apartments, a 152-unit property in Sacramento, Calif., sold for a total of \$20.6 million, with a net gain on sale of approximately \$11.2 million; and Brentwood Townhomes, an 81-unit property in Kent, Wash., sold for a total of \$12.0 million, with a net gain on sale of approximately \$5.4 million.

At December 31, the company had classified as held-for-sale one operating property in Seattle, Wash., with a total net book value of \$13.5 million; and one excess land parcel in Northern California, with a book value of \$17 million.

Common and Preferred Dividends Declared

On January 31, 2008, the BRE Board of Directors approved regular common and preferred stock dividends for the quarter ending March 31, 2008. All common and preferred dividends will be payable on Monday, March 31, 2008 to shareholders of record on Friday, March 14, 2008.

The board also approved a 4.7% increase for the 2008 common dividend to \$0.5625 per share quarterly. The quarterly dividend payment is equivalent to \$2.25 per share on an annualized basis, and represents a yield of approximately 5.12% on yesterday's closing price of \$43.95 per share. BRE has paid uninterrupted quarterly dividends to shareholders since the company's founding in 1970.

The company's 6.75% Series C preferred dividend is \$0.421875 per share; the 6.75% Series D preferred dividend is \$0.421875 per share.

Earnings Outlook

As previously reported, management expects FFO per share for 2008 to be reported in a range of \$2.70 to \$2.85, and EPS to be reported in a range of \$1.15 to \$1.30. EPS estimates for 2008 do not include projected gains or losses associated with property sales.

FFO and EPS estimates may be subject to fluctuation as a result of several factors, including any change to underlying operating fundamentals, the timing associated with acquisition and disposition activity, the incurrence of any unexpected charges, and any gains or losses associated with disposition activity.

Q4 2007 Analyst Conference Call

The company will hold a conference call on Wednesday, February 6, 2008 at 9:30 a.m. Eastern (6:30 a.m. Pacific) to review these results. The dial-in number to participate in the U.S. and Canada is 888.290.1473; the international number is 706.679.8398. Enter Conf. ID# 27692951. A telephone replay of the call will be

available for 30 days at 800.642.1687 or 706.645.9291 international, using the same ID# 27692951. A link to the live webcast of the call will be posted on www.breproperties.com, in Investors, on the Corporate Profile page. A webcast replay will be available for one month following the call.

Q1 2008 Earnings Dates

The company will report first quarter 2008 earnings after close of market on Tuesday, May 6, 2008, followed by a conference call on Wednesday, May 7, 2008, at 10:00 a.m. Eastern (7:00 a.m. Pacific).

About BRE Properties

BRE Properties—a real estate investment trust—develops, acquires and manages apartment communities convenient to its residents' work, shopping, entertainment and transit in supply-constrained Western U.S. markets. BRE directly owns and operates 77 apartment communities totaling 21,808 units in California, Arizona and Washington. The company currently has 10 other properties in various stages of development and construction, totaling 3,125 units, and joint venture interests in 13 additional apartment communities, totaling 4,080 units.

"Safe Harbor" Statement under the Private Securities Litigation Reform Act of 1995: Except for the historical information contained herein, this news release contains forward-looking statements regarding the company's capital resources, portfolio performance and results of operations, and is based on the company's current expectations and judgment. You should not rely on these statements as predictions of future events because there is no assurance that the events or circumstances reflected in the statements can be achieved or will occur. Forward-looking statements are identified by words such as "believes," "expects," "may," "will," "should," "seeks," "approximately," "intends," "plans," "pro forma," "estimates," or "anticipates" or their negative form or other variations, or by discussions of strategy, plans or intentions. The following factors, among others, could affect actual results and future events: defaults or nonrenewal of leases, increased interest rates and operating costs, failure to obtain necessary outside financing, difficulties in identifying properties to acquire and in effecting acquisitions, failure to successfully integrate acquired properties and operations, inability to dispose of assets that no longer meet our investment criteria under acceptable terms and conditions, risks and uncertainties affecting property development and construction (including construction delays, cost overruns, liability to obtain necessary permits and public opposition to such activities), failure to qualify as a real estate investment trust under the Internal Revenue Code of 1986, as amended, and increases in real property tax rates. The Company's success also depends on general economic trends, including interest rates, tax laws, governmental regulation, legislation, population changes and other factors, including those risk factors discussed in the section entitled "Risk Factors" in the company's most recent Annual Report on Form 10-K as they may be updated from time to time by the company's subsequent filings with the Securities and Exchange Commission, or SEC. Do not rely solely on forward-looking statements, which only reflect management's analysis. The Company assumes no responsibility to update this information. For more details, please refer to the company's SEC filings, including its most recent Annual Report on Form 10-K and Quarterly Reports on Form 10-Q.